



Perfect Blogger Masterclass

WORKBOOK

*A companion to the Perfect
Blogger Masterclass*

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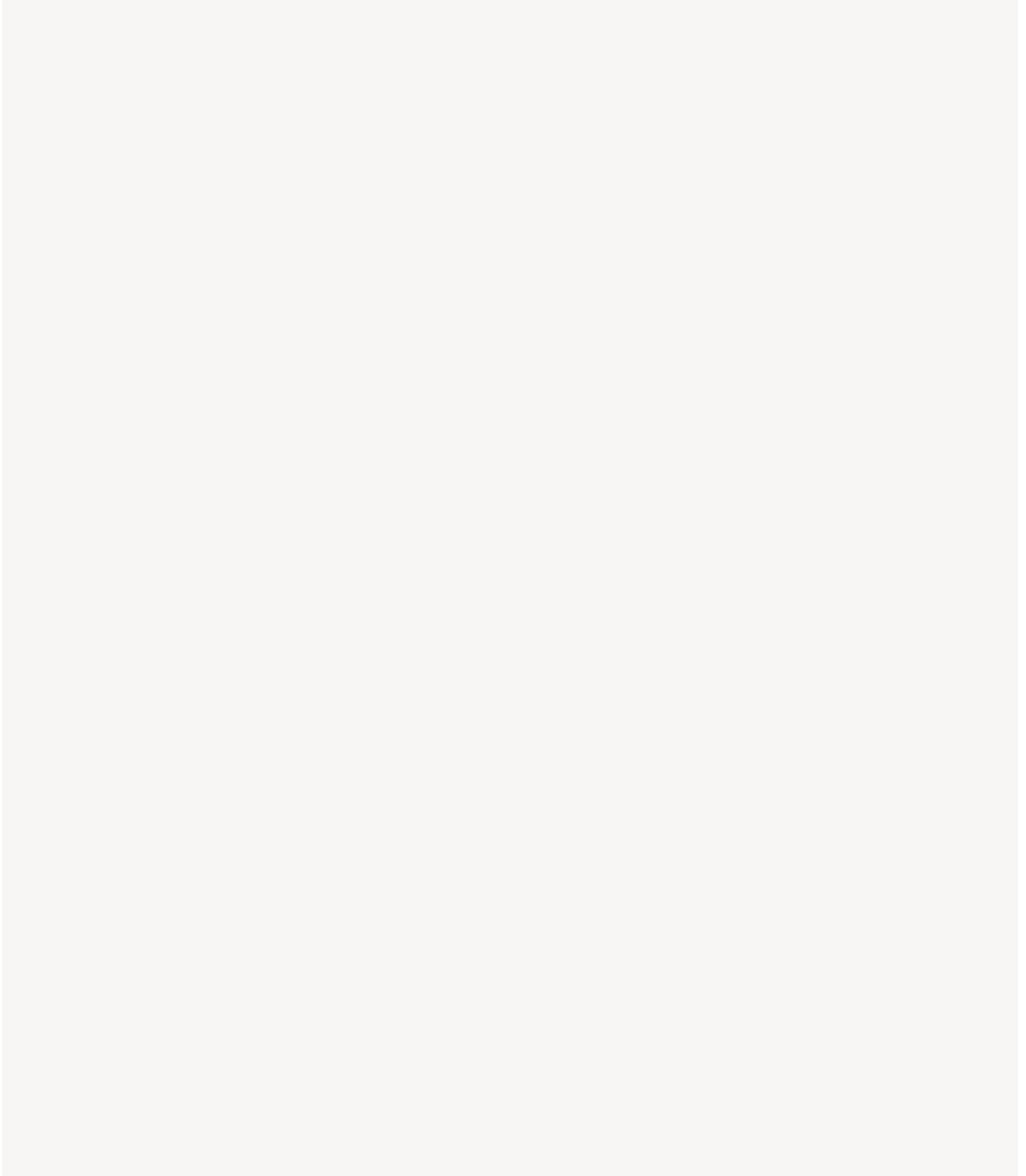
INSTRUCTIONS

The Perfect Blogger Masterclass will help you take your next steps towards building a successful blog - especially if you're scared of judgement and have an all-or-nothing mindset!

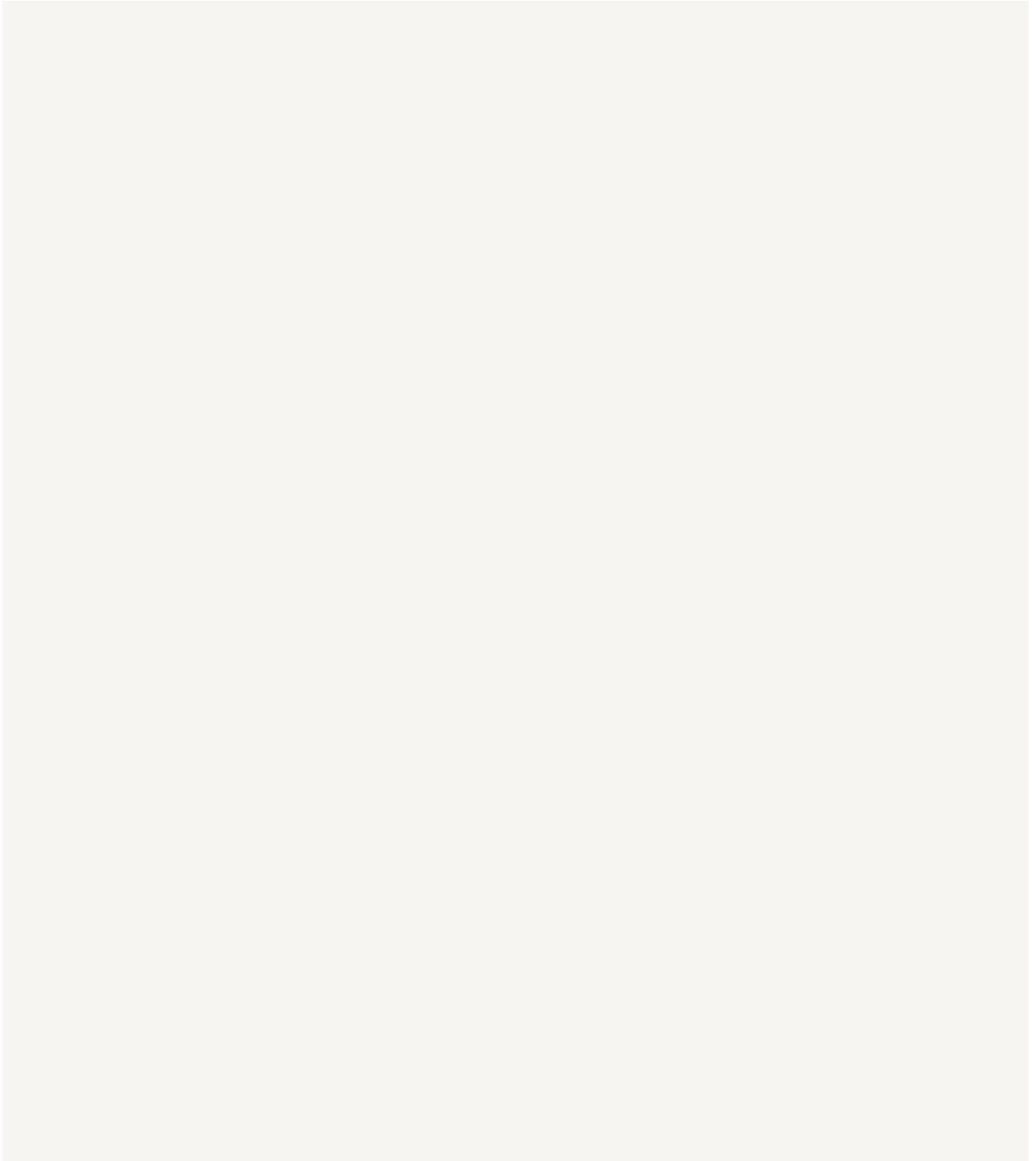
While you're waiting for the Perfect Blogger Masterclass to begin, you can complete the below journaling exercises. The exercises in this workbook are optional but if you choose to complete them, they will help you overcome your fears and start creating momentum sooner rather than later.

Completing this workbook will only take about 15-30 minutes to complete so don't put it off until the perfect time. Pour yourself a cup of tea and do as much as you can in the time you have available right now. Then simply come back to complete the rest when you have the chance. Let's do this!

1. List 10 reasons you want to become a successful blogger.

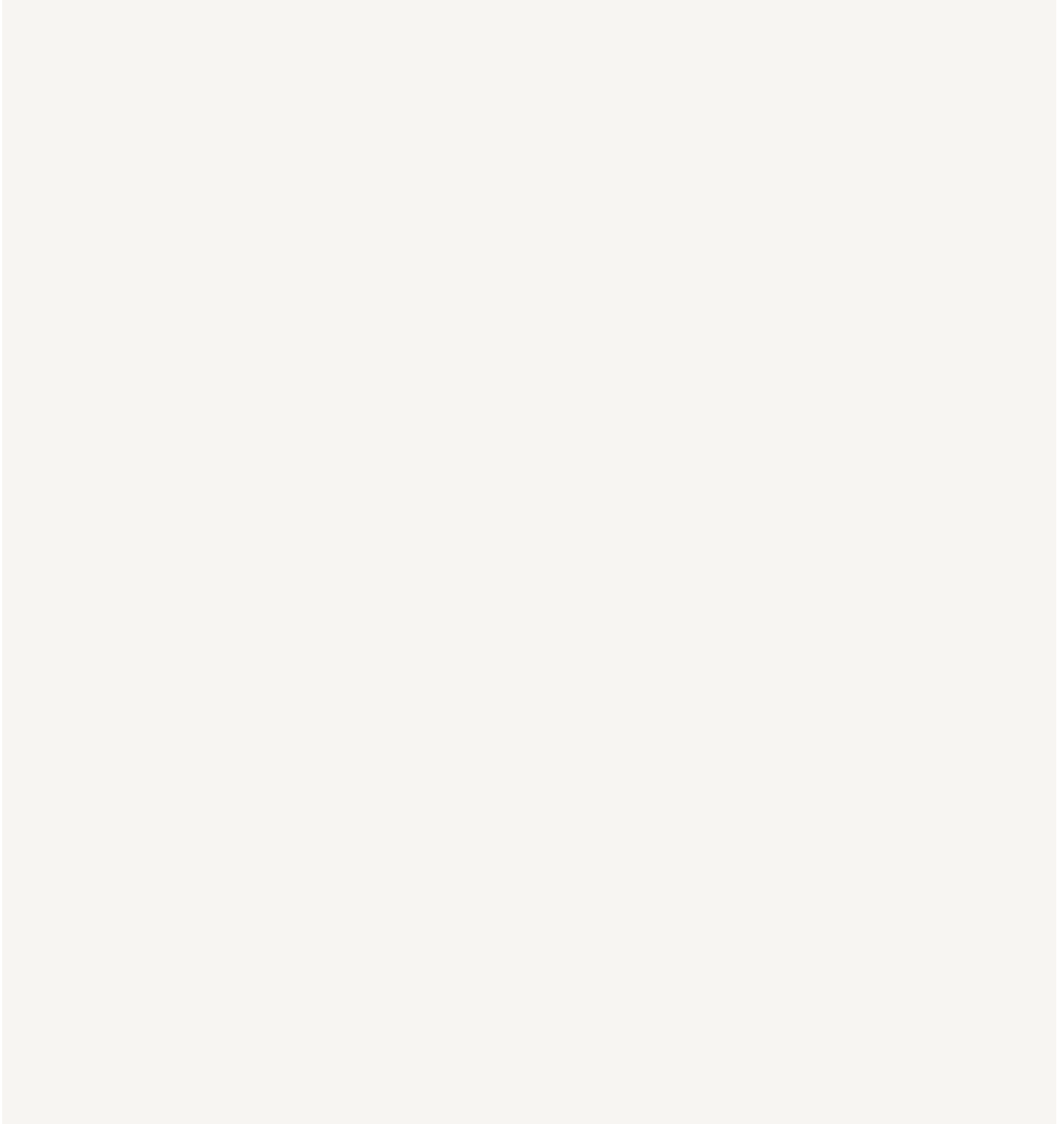


2. What fears and doubts do you have about blogging? Get them all out below and remember that it's totally normal for blogging to bring up fear and doubt, it doesn't mean you won't succeed.

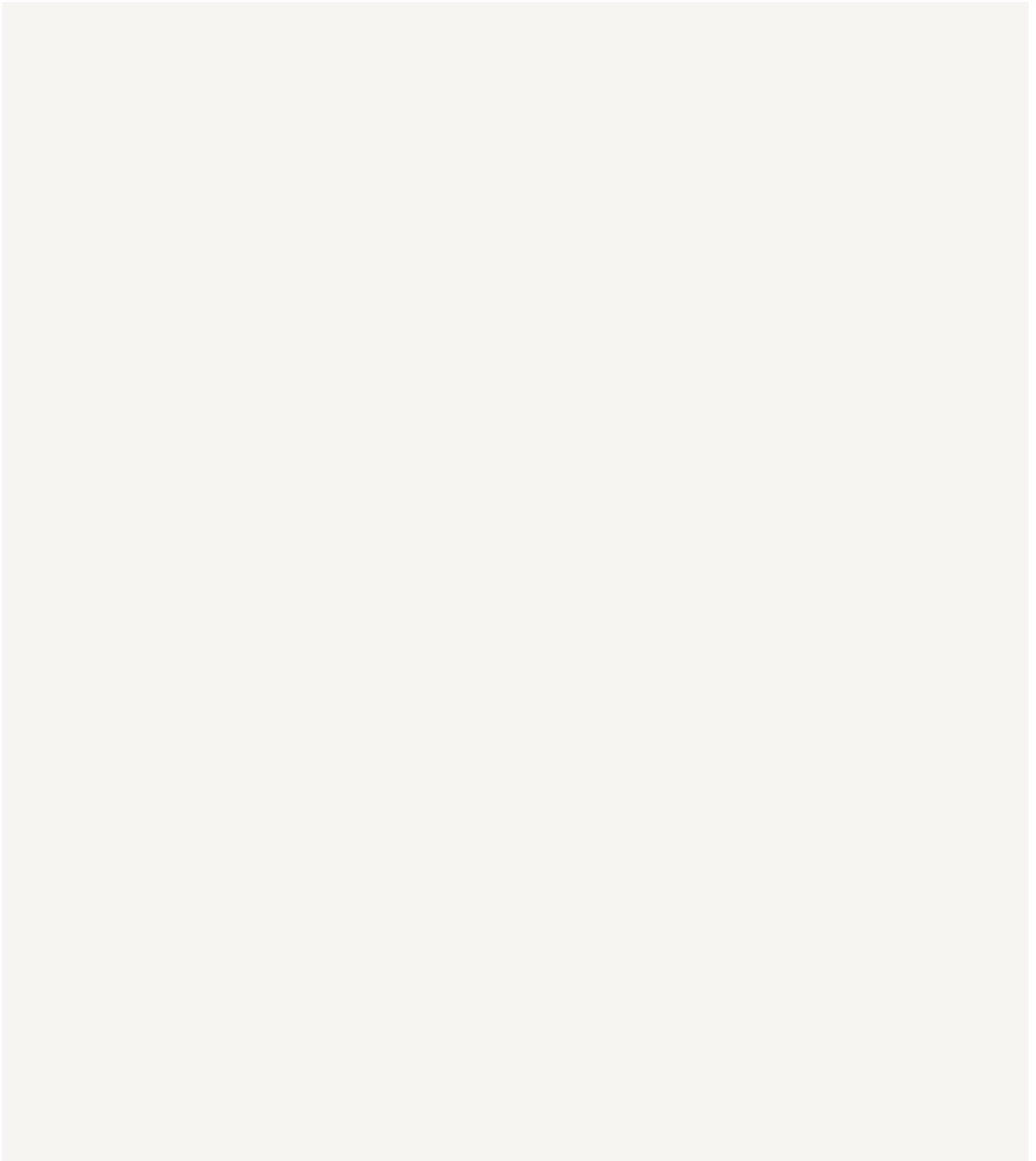


3. What regrets might you have if you choose to listen to your fears and doubts and never give blogging a real shot? Be as specific as possible.

4. Five years from now you're a successful blogger. You've achieved your blogging goals and your blog is doing better than you could have ever possibly imagined. What words of wisdom would that version of you (your future self) have to say about the fears and doubts you're experiencing right now? What advice would she give you?



5. What would your future self tell you to focus on next so you can start making progress without feeling overwhelmed? What would she tell you not to spend your time on?



6. What's one task you need to do to build a successful blog that could be done in the next 24 hours? Be specific and commit to getting it done today.

7. When you finish the task above, come back and choose another task that can be done within 24 hours. Be specific and commit to getting it done.

Repeat this process! Every time you finish one task, come back and choose another one that can be done within 24 hours. This will help you create momentum and keep out of overwhelm. Don't write an epic to-do list that never gets done. Instead, focus on one task at a time. Just keep putting one foot in front of the other. If you persist you will succeed.